

MALDEN HIGH SCHOOL

ATHLETICS



STUDENT ATHLETE HANDBOOK

2011-2012

Principal:

Dana Brown

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Dan Keefe

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PREFACE

This handbook outlines the policies and procedures required to govern the athletic department of the Malden Public Schools. These policies are based upon Malden Public Schools policies, Massachusetts state law, and the regulations of the Massachusetts Interscholastic Athletic Association (MIAA). Strict adherence to and good faith in promoting these policies will lessen the confusion in the area of athletics.

It is not possible for everything pertaining to athletics to be included in this handbook.

It shall be the policy of this district to expect the coaches, administrators, athletes and fans to conduct themselves appropriately at all times by setting excellent examples. If there are policies which are not clear, please ask for clarification. It is hoped that this handbook will provide the foundation for the efficient organization and operation of our athletic department. If you feel that your questions or concerns are not answered in this booklet, contact your child's coach or call the Athletic Director's office at (781) 397-7269.

ATHLETIC DEPARTMENT PHILOSOPHY

The purpose of Malden High School athletics shall be to develop student-athletes who exhibit and promote good sportsmanship, academic achievement and athletic abilities. Through the development of these areas our student athletes will be better equipped to meet the demands of living and participating in society. Malden High School athletes will constantly strive not to base success on winning, but to develop a well disciplined student athlete. The Malden Public School District believes that a dynamic program of student activities is vital to the educational development of the student. We emphasize academics, sportsmanship, and effort, for these are the true measure of success.

ATHLETIC DEPARTMENT OBJECTIVES

General Objectives

1. To establish guidelines and policies for the organization, administration, and supervision of interscholastic athletic programs.
2. To provide a safe and positive atmosphere where our student athletes may learn and enjoy athletic events free of ridicule and danger.
3. To develop, promote and support interscholastic activities and athletics.
4. To provide the opportunity for every student who desires to participate in athletics the means to do so, regardless of race, sex, or financial liabilities.
5. To provide the athletes with a vital educational training course for success through competition.

Specific Objectives

1. To help the individual student develop a healthy self-concept as well as a healthy body.
2. To teach teamwork through human relationships.
3. To teach the importance of practice and preparation in reaching the individual's potential.
4. To demonstrate the importance of extra effort and the value of determination.
5. To teach the importance of playing by the rules.
6. To develop strong character and leadership skills.
7. To improve positive citizenship traits.
8. To develop a strong sense of "fair play" and the importance of sportsmanship.

GOVERNING BODIES

Massachusetts Interscholastic Athletic Association (MIAA):

Malden High School is a member in good standing of the MIAA. With membership, the principals and all members of our coaching staff agree to abide by all the rules and regulations of the MIAA. One of the primary functions of the MIAA is to sponsor and conduct post-season tournaments leading to the determination of geographical district and state champions. When varsity teams qualify for and enter such tournaments, we are subject to specific rules and regulations that govern each tournament, as set by the MIAA.

Greater Boston League (GBL):

Malden High School is very proud to be a member of the Greater Boston League. The GBL is governed by the MIAA and its constitution. The principal of each member school agrees that his/her school will abide by all league rules and regulations.

Malden School Committee:

Additional policies, regulations, and rules are set by the Malden School Committee, superintendent and principal. Under MIAA guidelines, local communities are allowed to set additional policies, rules and regulations as long as they are more restrictive than those stipulated by the MIAA.

SPORTS OFFERED AND STARTING DATES

The school year, as defined for a sports season, shall be that period of time from the 1st day of school to the last school day of the following year. The date of August 25th shall be the starting date and no organized practices shall be conducted in any sport until the starting date for that sport.

SPORTS SEASONS:

A sports season shall be defined as that period of time that begins with the designated practices date and goes through the last regular season or playoff game in a particular sport (state tournament). Sports seasons have been defined so that students may have a greater opportunity to compete in a variety of sports without the pressure of being restricted to one sport.

Tentative try-out schedule

<u>Season 2011-12 Sport</u>	<u>First Try-Out</u>	<u>Practice Location</u> (tentative)	<u>Practice Times</u> (tentative)
Fall			
Boys' Cross Country	August 25	Pine Banks Park	3:00-4:30
Girls' Cross Country	August 25	Pine Banks Park	3:00-4:30
Cheerleading (Football)	August 25	Salemwood	TBA
Girls' Field Hockey	August 25	Pine Banks Turf Field	3:00-5:00
Football (3 days no pads)	August 22	Macdonald Stadium	TBA
Co-ed Golf	August 25	Unicorn Golf Course	3:30-5:00
Girls' Soccer	August 25	Devir Park	3-5
Boys' Soccer	August 25	Pine Banks Park	3:00-5:00
Girls' Volleyball	August 25	Finn Gym High School	3:00-5:00
Winter			
Boys' Basketball	November 28	V-Finn Gym, JV-Forestdale, FR-Beebe	V-5:30 JV-3 FR-3
Girls' Basketball	November 28	V/JV-Finn Gym, FR-Ferryway	V-3 JV-3 FR-3
Cheerleading (Basketball)	November 28	Salemwood	TBA
Co-ed Gymnastics	November 28	Salemwood	TBA
Co-ed Swimming	November 28	High School Pool	2:45-5:00
Indoor Track	November 28	Salemwood Gym	3:30-5:30
Wrestling	November 28	Wrestling Room High School	2:45-5:00
Spring			
Baseball	March 19	V-Pine Banks, JV/FR-Devir	3-5
Boys' Lacrosse	March 19	TBA	3-5
Co-ed Crew	March 19	Malden River-Gentle Giant Boat House	3-5
Girls' Lacrosse	March 19	Pine Banks Park	2:45-5
Softball	March 19	V-Callahan, JV-Amerige, FR-Roosevelt	3-5
Boys' Tennis	March 19	Amerige Park Courts	2:30-5pm
Girls' Tennis	March 19	Amerige Park Courts	2:30-5pm
Boys' Outdoor Track	March 19	Macdonald Stadium	3-5
Girls' Outdoor Track	March 19	Macdonald Stadium	3-5

The required athletic participation forms are available on the schools website at <http://webdev.malden.mec.edu/mhs/sports.htm> .

NCAA DIVISION I FRESHMAN- ELIGIBILITY STANDARDS

All students must register with the NCAA Initial Eligibility Clearinghouse

The NCAA Division I initial-eligibility rules have changed.

If you plan to enroll in any college or university in 2003 or after, please read this information carefully.

For students who entered any college or university during the 2003-04 or 2004-05 academic years, NCAA initial eligibility was evaluated under the new rule as described on this sheet. In you are ineligible under the new rule; the NCAA Initial-Eligibility Clearinghouse will automatically re-evaluate your academic record under the former rule to obtain your best possible result. **It is not possible to mix-and-match rules.** For example, you cannot use the 13 core-course standard of the former rule and the sliding scale from the new rule.

For students entering any college or university on or after August 1, 2008, NCAA initial eligibility will be evaluated under the 16-core course rule as described on this sheet.

THE NEW RULE:

- **INCREASES** the number of core courses from 13 to 14. This additional core course may be in any area: English, mathematics, natural/physical science, social science, foreign language, non-doctrinal religion/philosophy, or computer science. The breakdown of core course requirements is listed below.
- **CHANGES** THE Division I initial-eligibility index, or sliding scale. *See the reverse side for the Core GPA/test score sliding-scale index.*
- The 16 core course rule **INCREASES** the number of core courses from 14 to **16**. Students must complete three years of mathematics (Algebra I or higher), and four years of additional core courses. The additional core courses may be taken in any area: English, mathematics, natural/physical science, social science, foreign language, or non-doctrinal religion/philosophy. The breakdown of the requirements is listed below.

14 CORE-COURSE RULE

14 Core Courses:

4 years of English
2 years of mathematics (Algebra I or higher).
2 years of natural/physical science (1 year of lab if offered by high school).
1 year of additional English, mathematics or natural/ physical science.
2 years of social science.
3 years of additional courses (from any area above or foreign language, non-doctrinal religion / philosophy, computer science*)

16 CORE-COURSE RULE (2008)

16 Core Courses:

4 years of English
3 years of mathematics (Algebra I or higher)
2 years of natural/physical science (1 year of lab if offered by high school).
1 year of additional English, mathematics of natural/physical science.
2 years of social science.
4 years of additional courses (from any area above or foreign language, non-doctrinal religion / philosophy).

*PLEASE NOTE: Computer science is being eliminated as an acceptable core-course area for students first entering any college or university on or after August 1, 2005. Students entering college on or after August 1, 2005 may not use any computer science courses in meeting the core-course requirements.

NCAA Division II Freshman- Eligibility Standards

All Student-Athletes Must Register with the NCAA Initial- Eligibility Clearinghouse

QUALIFIER

Eligible to practice, compete and receive an athletic scholarship as a freshman.

REQUIREMENTS:

- Satisfy high school graduation requirements;
- Have a grade-point average of 2.000 in 13 core academic courses*; **and**
- Must achieve a 68 (sum of scores on the four individual tests) on the ACT, or an 820 on the SAT.
(Note: The highest scores achieved on the verbal and mathematics section of the SAT or the highest scores achieved on the four individual tests of the ACT may be combined to achieve the highest scores)

High-School Core Courses:

- At least 3 years of English;
- At least 2 years of math(at the level of Algebra I or above);
- At least 2 years of natural or physical science(including 1 lab course, if offered by any high school attended by the student);
- At least 2 years of additional courses in English, mathematics, or natural/physical;
- At least 2 years of social science; and
- 2* additional academic courses in any of the above areas, or foreign language computer science** philosophy or nondoctrinal religion.

PARTIAL QUALIFIER (Does not meet the standards for qualifier.)

Eligible to practice at institution's home facility during freshman year. No competition during freshman year. Will have four years of eligibility during college career. May receive institutional financial aid, including an athletic scholarship, during freshman year.

REQUIREMENTS:

- Does not meet requirements for qualifier;
- Satisfy high school graduation requirements;
- Successfully complete the 13 core-courses (see above) with a minimum 2.00 core-course grade-point average; or
- Attain minimum 68 ACT (sum of scores) or 820 SAT.

NONQUALIFIER (Does not meet the standards for qualifier or partial qualifier.)

Cannot practice or compete during freshman year. Will have four years of eligibility during college career. May not receive an athletic scholarship freshman year, but may receive regular need-based financial aid if the school certifies that aid was granted without regard to athlete's ability.

For more information about the NCAA initial-eligibility requirements,
Please refer to the NCAA Web site at www.ncaa.org.

- Effective August 1, 2005 for students first entering a collegiate institution on or after August 1, 2005, students will be required to present 14 core courses. The additional course may be taken in any area described above, with the exception of computer science.

For the Class of 2008: Division I- 16 core courses

If you plan to enter college in 2008 or after you will need to present to core courses in the following breakdown:

- 4 years of English
- 3 years of mathematics (at the level of Algebra I or higher)
- 2 years of natural or physical science (one must be a lab science)
- 1 year of additional English, math or science
- 2 years of social studies
- 4 years of additional core courses (from any area listed above, or from foreign language, non-doctrinal religion or philosophy.)

OTHER IMPORTANT INFORMATION:

Effective date of new rule:

- Students entering a collegiate institution on or after August 1, 2003 may meet the initial-eligibility requirements under either rule.
- Students entering a collegiate institution on or after August 1, 2005 must meet the new 14 core course rule.
- Students entering a collegiate institution on or after August 1, 2008 must meet the new 16 core course rule.

For more information regarding the new rule, please go to

www.ncaa.org .

To register online for initial clearinghouse eligibility, please go to www.ncaaclearinghouse.net . Select prospective student-athletes and click on domestic student release form or foreign student release form.

If you have questions about NCAA eligibility, please call the NCAA initial eligibility learninghouse at 319-337-1492 or toll free at 877-262-1492. You may also call the NCAA at 317-917-6222.

Core GPA	SAT	ACT
3.550 & above	400	37
3.525	410	39
3.500	420	39
3.475	430	40
3.450	440	41
3.425	450	41
3.400	460	42
3.375	470	42
3.350	480	43
3.325	490	44
3.300	500	44
3.275	510	45
3.250	520	46
3.225	530	46
3.200	540	47
3.175	550	47
3.150	560	48
3.125	570	49
3.100	580	49
3.075	590	50
3.050	600	50
3.025	610	51
3.000	620	52
2.975	630	52
2.950	640	53
2.925	650	53
2.900	660	54
2.875	670	55
2.850	680	56
2.825	690	56
2.800	700	57
2.775	710	58
2.750	720	59
2.725	730	59
2.700	730	60
2.675	470-750	61
2.650	760	62
2.625	770	63
2.600	780	64
2.575	790	65
2.550	800	66
2.520	810	67
2.500	820	68
2.475	830	69
2.450	840-850	70
2.425	860-870	70
2.400	860	71
2.375	870	72
2.350	880	73
2.325	890	74
2.300	900	75
2.275	910	76
2.250	920	77
2.225	930	78
2.200	940	79
2.175	950	80
2.150	960	80
2.125	960	81
2.100	970	82
2.075	980	83
2.050	990	84
2.025	1000	85

ELIGIBILITY REQUIREMENTS FOR PARTICIPATION IN MHS ATHLETICS

Residence

The student must be a bona fide student of Malden High School and must reside within the Malden Public School District boundaries and meet the residency requirements of the MIAA.

Age

A student shall be under 19 years of age, but may compete during the remainder of the school year provided that his/her 19th birthday occurs after September 1st of that year. For freshman competition, a student shall be under 16 years of age but may compete during the remainder of the school year provided that the sixteenth birthday occurs on or after September 1st of that year. Athletes will be required to provide a birth certificate from the town clerk where he or she was born.

A student may participate in athletic contests only one year as a ninth grader. A student may have a maximum of four years of (opportunity for) athletic eligibility after initially entering the ninth grade.

Physical: (Appendix A)

Participants in an interscholastic athletic program at MHS must have a current health/physical examination by a practicing physician prior to any participation in extracurricular athletic activities of any kind. Physicals will be valid 13 months from the date of the physical examination. The school district will provide physicals to students once annually at the high school at no cost to the student athlete. Typically, they will take place the Friday before the first official practice for fall sports.

A doctor's note allowing a student to return to athletic participation and competition is required for all student athletes who have been out of practice/competition due to an injury and/or illness that requires a doctor's care. (See Attached Return to Play Policy)

Health Insurance Portability Accountability (HIPPA) Form: (Appendix B)

We are required under the Health Insurance Portability Act (HIPPA) and currently under Massachusetts law to maintain the privacy of your health information, and to provide you with this Notice of Privacy Rights and Practices. This document/form explains in detail your rights under HIPPA and how we will use your Protected Health Information. **This form must be on file in the athletic director's office prior to any participation in extracurricular athletic activities of any kind.**

Permission Slip / Insurance Policies: (Appendix C)

In order that there may be no misunderstanding as to the policy of the Malden Public Schools in regards to the treatment of athletic injuries the following statement of policy is issued: ***Malden Public Schools do not and cannot assume liability for expenses, medical or otherwise, incurred as a result of participating in interscholastic sports.***

Participants in our interscholastic athletic programs will have the benefit of an accident insurance policy to protect their parents from “out of pocket” expenses incurred as a result of injuries sustained while engaging in the practice or play of interscholastic sports. This coverage supplements a parent’s medical insurance plan and is provided at no cost to the students or parents by your school district. Please be aware that protection is limited to coverage in interscholastic athletics not other school activities. **This form must be on file in the athletic director’s office prior to any participation in extracurricular athletic activities of any kind.**

Emergency Treatment Card: (Appendix D)

Emergency Treatment cards must be completed and on file with both the athletic director and the coach of each sport the student athlete is participating in **prior to any participation in extracurricular athletic activities of any kind.**

Golden Tornado Club Application:

The non-profit Golden Tornado Club (GTC) raises money every year through fundraising efforts. These funds go directly to the Malden High School Athletic Department. The funds are used to purchase various equipment, uniforms, apparel and many other athletic departments’ necessities. Also, each year GTC awards several senior athletes with scholarships up to \$1,000. In addition, they fund the Hall of Fame banquet which recognizes former athletes, coaches and community supporters during an annual banquet. Your membership is vital to the success of our athletic program. We strongly encourage each athlete’s parents to become a member of our club. Membership only costs \$25 per year and the membership gets you admission into all home games for football and basketball with the exception of the Thanksgiving Day game.

Attendance:

A student must be in attendance three periods of school to participate in practice, team meeting, function, or in an interscholastic event that day. Students who are not in school the Friday before a weekend or vacation are ineligible for the entire weekend or the entire vacation. Students who are suspended in or out of school will not be allowed to participate in practice or an interscholastic event until returning back to the regular classroom. Any exceptions to this policy must be approved in writing from the Athletic Director’s office prior to the student athlete being allowed to participate.

Academic Eligibility:

Student athletes must secure, during the last marking period preceding the contest (e.g. second quarter marks and not semester grades determine third quarter eligibility) a passing grade, and full credit, in the equivalent of four traditional year long credit courses.

In addition, freshman student athletes entering Malden High School after August 30, 2006, must maintain an overall cumulative grade point average of a 2.25 or they will be placed in an athletic tutorial program until their overall cumulative grade point average reaches a 2.25. The athletic tutorial program will be **mandatory** for all student athletes whose overall cumulative grade point average is below a 2.25 or they **will not** be able to participate in any practices or games.

A transfer student may not gain eligibility if he /she was not, or would not be, eligible at the sending school.

Malden High School Athletic Information for the 2011-12 School Year:

Athletic Department:

		<i>Work Phone / Email</i>
Athletic Director:	Dan Keefe	781-397-6006 dakeefe@malden.mec.edu
Athletic Secretary	Barbara Scibelli	781-397-6007 bscibelli@malden.mec.edu
Athletic Trainer	Jen Sturtevant	617-827-5311 sturdy2025@yahoo.com
Athletic Equipment Manager	Peter Carroll	781-397-6007 carroll-p@hotmail.com

Fall: Sport

Current Head Coach

Email

B/G Cross Country	Dave Londino	dlondino@malden.mec.edu
Cheerleading (Football)	Diana Buonopane	dbuonopane@malden.mec.edu
Girls' Field Hockey	Susan Famiglietti	sfamiglietti@malden.mec.edu
Football	Joe Pappagallo	joseph.m.pappagallo@usps.gov
Co-ed Golf	Rick Malatesta	rmalatesta@malden.mec.edu
Girls' Soccer	Lindsey O'Leary	lioleary@malden.mec.edu
Boys' Soccer	Jeremiah Smith	coachsmith555@yahoo.com
Girls' Volleyball	Dana Marie Brown	dabrown@malden.mec.edu

Winter: Sport

Head Coach

Email

Boys' Basketball	Donald Nally	nallyplg@aol.com
Girls' Basketball	Wayne Bartolucci	joelev55@msn.com
Cheerleading (Basketball)	Diana Buonopane	dbuonopane@malden.mec.edu
Girls' Gymnastics	Vanessa James	vjames@malden.mec.edu
Coed Swimming	Paul DeVincentis	pdevincentis@malden.mec.edu
Indoor Track	Dave Londino	dlondino@malden.mec.edu
	Jamie Green	jgreen@malden.mec.edu
Wrestling	Jeremiah Smith	coachsmith555@yahoo.com

Spring: Sport

Head Coach

Work Phone / Email

Baseball	Kevin Carpenito	Kcarpeni@malden.mec.edu
Boys' Lacrosse	Brendan Maney	bmaney@malden.mec.edu
Co-ed Crew	Sarah Jones	SJones@Malden.mec.edu
	Shauna Campbell	scampbell@malden.mec.edu
Girls' Lacrosse	Julie Briggs	jbriggs@malden.mec.edu
Softball	John Furlong	jfurlng@gilbaneco.com
Boys' Tennis	Berenice Diaz	bdiaz@malden.mec.edu
Girls' Tennis	Margaret Pettit	mpeppetit@malden.mec.edu
Outdoor Track	Steve Rubin	srubin@malden.mec.edu

Fall Sport:	Level(s):	Game Facility Location:
Cheerleading	V/JV	Macdonald Stadium
Cross Country	Varsity	Pine Banks Park
Field Hockey	V/JV/FR	Pine Banks Park
Football	V/JV/FR	Macdonald Stadium
Golf	Varsity	Unicorn G.C. in Stoneham
Boys' Soccer	V/JV	Pine Banks Park/Devir Park
Girls' Soccer	V/JV	Pine Banks Park/Devir Park
Volleyball	V/JV-A/JV-B	Finn Gym – MHS
Winter Sport:	Level(s):	Game Facility Location:
B/G Basketball	V/JV/FR	Malden H.S. (Finn Gym)
Cheering	V/JV	Malden H.S. (Finn Gym)
B/G Indoor Track	V/JV/FR	Salemwood School
Gymnastics	Varsity	Salemwood School
B/G Swimming	Varsity	Malden H.S. Pool
Wrestling	Varsity	Malden H.S. Finn Gym
Spring Sport:	Level(s):	Game Facility Location:
Baseball	Varsity	Pine Banks Park
Baseball	JV/FR	Devir Park
Crew	Co-ed	Malden River
B/G Outdoor Track	Varsity	Macdonald Stadium
Softball	Varsity	Callahan Park
Softball	JV	Amerige Park
Softball	FR	Ferryway Park
B/G Tennis	Varsity	Amerige Park
B/G Lacrosse	V/JV	Pine Banks & Macdonald Stadium

:

Directions to all athletic facilities in Massachusetts can be found on www.miaa.net under MEMBER SCHOOL LOOK-UP section.

MALDEN H.S. ATHLETIC POLICIES:

Squad Selection:

In order to maximize the number of participants in the Athletic Program at Malden High School, we encourage coaches to keep as many students as possible without having a negative impact on the integrity of their sport. Obviously time, space, facilities, equipment and other factors may place limitations on the roster size for some sports. We strive to maximize the opportunities for all students.

Try-outs:

Tryouts for programs are open to all students providing they meet the standards of eligibility requirements listed under the eligibility for participation section of this handbook.

Participation in athletics is a privilege; students try out voluntarily and, for some of our teams, risk being cut. During the tryout period the coach will provide an explanation of his/her expectations. It is the student's responsibility to demonstrate to the coach that he/she can meet these expectations. No student is guaranteed a place on the team simply because of his/her grade level or past participation. Students cut from a team are encouraged to try out for another team if there is a space on that team and the final cuts have not been made. Students who are cut from a team will be informed as to the reason for the cut. Decisions made by the coaches will be explained to students at an appropriate time and in an appropriate setting, usually in a personal meeting with the student-athlete.

Commitment throughout the season:

When trying out for a team and being selected to be a member of a team, Malden High School students are expected to attend all practices and games for that team. In order to allow students time to meet with teachers and to get extra help, practices will not begin until 3 p.m. Practices will average approximately two hours in duration. Students should expect to practice every weekday. Weekend practices vary by sport and should be expected, although in general Sunday is reserved as a no-activity day across the high school.

Interscholastic athletics demands more of a commitment than a club or recreational activity. Students should be aware of the time commitment prior to trying out for the team. During tryouts and after team selection, the head coach will distribute and explain expectations related to practice times, locations, and game schedules. Students are expected to make at least a five-day, two-hour daily commitment to the team each week.

At the freshman and junior varsity levels, most teams do not practice or play on weekends. At the varsity level, weekend and/or evening practices and games are more commonplace, and students should expect regular involvement during these times. Because our teams share facilities and some teams use facilities off campus, practice and game hours may vary considerably. At all levels in all sports, students are expected to provide their own transportation to and from practice.

Sportsmanship:

Malden High School expects all parties at a contest to display the highest level of sportsmanship. All players, coaches, parents and spectators should treat opponents, game officials, visiting spectators and school officials with respect. Cheer for your team, never against the opponent.

The MIAA and Malden High School reserves the right to “warn, censure, place on probation, or suspend for up to one calendar year any player, team, coach, school official, or fan determined to be acting in a manner contrary to the standard of good sportsmanship”.

Hazing:

Hazing of any form is prohibited by law. Please see the language of Chapter 536 of Massachusetts’s General Law in the Behavioral Expectations section. Any athletes involved with hazing in shape or form will be disciplined in accordance with the law, school code of conduct and will no longer be allowed to participate in interscholastic athletics for at least the remainder of the sports season the hazing took place. The athletic director and principal will have final determination of the length of suspension from all athletics at Malden H.S.

Taunting:

Taunting includes any actions or comments by coaches, players or spectators which are intended to bait, anger, embarrass, ridicule or demand others, whether or not the deeds or words are vulgar or racist. Included is conduct that berates, needles, intimidates or threatens based on race, gender, ethnic origin or background and conduct that attacks religious beliefs, size, economic status, speech, family, special needs or personal matters.

Examples of taunting include but are not limited to “trash talk”, defined as verbal communication of personal nature directed by a competitor to an opponent by ridiculing his/her skills, efforts, sexual orientation, or lack of success, which is likely to provoke an altercation or physical response; and physical intimidation outside the spirit of the game, including “in the face” confrontation by one player to another and standing over/straddling a tackled or fallen player.

1. In all sports, officials are to consider taunting a flagrant unsportsmanlike foul that disqualifies the offending bench personnel or contestant from that contest/day of competition. In addition, the offender shall be subject to existing MIAA expulsion rules. A warning shall be given to both teams by game officials prior to the contest.
2. At all MIAA contest sites and tournaments venues, appropriate management may give spectators one warning for taunting. Thereafter, spectators who taunt players, coaches, game officials, or other spectators are subject to ejection.

Comment: All MIAA endorsed rulebooks give officials/umpires/judges authority to penalize what is generally considered taunting. The purpose of the MIAA’s action is to be more emphatic in the penalty of disqualification, and more uniform in the application of the definition and enforcement from sport to sport. The Board of Directors adopted this policy on November 17, 1994.

Playing Time:

One of the most emotional issues surrounding a student-athlete’s involvement in high school athletics is playing time. There are many factors that determine playing time, such as practice, attendance, attitude, commitment, effort and athletic ability.

There are many decisions made on a regular basis by the coaching staff and it is the coach’s responsibility to decide which athletes should start a contest, which should play what position, and how long each athlete should play. These decisions, although difficult to make, are made by the coaching staff and are approached very seriously after having observed the student-athlete in practice sessions, scrimmages and games. The athletic director and coaches will not discuss playing time issues with parents. If an athlete wishes to discuss playing time with a coach, he or she should set up a meeting at an appropriate time to discuss what he or she can do to get more playing time.

Family / School Vacations:

Every team member is expected to be present for all team practices and games. All team members should plan on practice and game commitments through vacations. Violation of this policy will result in disciplinary action up to dismissal from the team.

Bona Fide Team Rule:

Loyalty to the High School Team:

A bona fide member of the school team is a student who is regularly present for, and actively participates in, all team practices and competitions. Bona fide members of a school team are precluded from missing a high school practice or competition in order to practice or compete with out-of-school teams. Any student who violates this standard is ineligible for the next two contests or two weeks (whichever is greater) immediately upon confirmation of the violation. A student in conflict with the Bona Fide team rule is also ineligible for the MIAA state tournament for that season.

Individual Team Rule:

Each head coach reserves the right to make individual team rules that are specific to the sport. Coaches will develop team rules within the guidelines of the athletic department and all athletes are expected to adhere to all the athletic department policies and team policies.

Transportation:

The school provides bus transportation, or a suitable substitute, to away contests. All team members are expected to travel to these contests using the school-provided transportation for student safety reasons. Exceptions to this policy must be requested in writing by the parents to the Athletic Director.

Awards:

1. A Varsity letter shall be awarded to an athlete the first time he/she meets the requirements.
2. No credit will be presented to any athlete who does not complete a given season; coaches will have the right to give credit that they think is just.
3. The coach of each team is responsible for giving the names of athletes receiving awards to the Athletic Director upon completion of the season.
4. Each head coach is responsible for selecting a student athlete on the squad who is to receive the "Coach's Award" for that team. The criteria for the selection shall be determined by the head coach of each sport. The Athletic Director is responsible for providing a plaque or other suitable award that is to be presented to the athlete at the Student Athlete Awards Night.

Conflict Resolution:

Athletics involvement is highly emotional and very time consuming. Sometimes conflicts arise between students, coaches, and occasionally parents. When conflicts or issues arise, it is important that they be addressed immediately, and as directly possible, so that they can be resolved promptly. Students and their parents should use the following process as a guideline when seeking resolution to conflicts or issues between an athlete and coach:

First step: Contacting the Coach

The athlete should present the conflict/issue to the coach as soon as possible. If personal contact is not practical, a student may ask his/her team captain to approach the coach. If the personal or captain route is not possible, contact may be made by the athlete's parent at an appropriate time. In order for the contact to be as productive as possible, times that should be avoided are:

- Prior to, during or immediately following a contest
- During an active practice session
- When other students or partners are present or when it would be readily visible to others that the discussion is taking place
- When it is apparent that there is not sufficient time to allow for a complete discussion. This includes the time immediately before leaving for any away contest.

Perhaps the best solution is to ask the coach, either over the phone or in person, if an appointment could be made to discuss the issue. A parent or student may also leave a note for the coach in the athletic office.

Second Step: Contacting the Athletic Director

If a satisfactory solution is not reached through direct contact with the coach, the student and/or parent should contact the Athletic Director. The coach should be informed that this contact is going to be made. If this discussion does not result in a satisfactory conclusion, then a meeting will be scheduled involving all concerned parties in an attempt to reach a satisfactory resolution. Since athletic seasons are relatively short, there should be no delay in airing any and all concerns. Issues presented to the Athletic Director will be addressed and communicated to the coach. Parents and students may also expect to hear from the Athletic Director as to the disposition of their concerns.

Although there can be no guarantee that all parties will agree with all resolutions or findings, a thorough, respectful airing of different perceptions and experiences can lead to more productive relationships and clearer understanding in the future.

Third Step: Contacting the Principal

If there is still not a satisfactory resolution, the student or parent may contact the High School Principal. The Athletic Director should be informed that this contact is going to be made.

Chemical Health Policy:

During the each of the four years a student attends Malden H.S. they shall not, regardless of quantity, use or consume, possess buy/sell or give away any beverage containing alcohol; any tobacco product; marijuana; steroids or any controlled substance. It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student's own use by his/her doctor.

First Violation: When the Principal confirms, following an opportunity for the student to be heard, that a violation occurred, the student shall lose eligibility for the sport in which he/she is participating for the 25 % of the season they are participating in or will participate in.

Second and Subsequent Violation(s): When the Principal confirms, following an opportunity for the student to be heard, that a second violation has occurred, the student shall lose eligibility for 50% of the season they are participating in or will participate in. In addition, the student must complete a counseling program for substance abuse and provide documentation to the athletic director before future participation can take place. For subsequent violations, the student shall lose eligibility for one year from the date of the infraction.

Violations during the off season: If a chemical health violation occurs in the off-season, when the Principal confirms, following an opportunity for the student to be heard, the chemical health policy will be applied to the next season the athlete participates. See above.

Captain Rule: If a captain of a team is involved in any violation of the chemical health policy, the captaincy will be revoked as well.

Felony Policy:

Any student charged with or arrested for a felony will not be allowed to participate in interscholastic athletics for Malden H.S.

In addition to the foregoing penalties, the school district reserves its right to impose additional discipline consistent with Mass. Gen. L Ch. 71, section 37 H based on the facts of the particular situation.

Unsportsmanlike Conduct Ejection Violations:

Any athlete ejected from an athletic contest by a game official will be suspended from athletic participation for a time period of at least one week and up to the entire sports season. All decisions of the principal and athletic director will be final regarding unsportsmanlike conduct ejections.

***By signing this document, I also confirm that I have received, read, understand, and agree to the regulations regarding concussion assessment, treatment, and return-to-play as outlined in Massachusetts state law 105 CMR 201.000.**

<http://www.lawlib.state.ma.us/source/mass/cmr/cmrtxt/105CMR201.pdf>

Acknowledgement & Acceptance of Malden H.S. Athletic Rules and Policies:

I acknowledge that I have read, agree with and will abide by all of the aforementioned policies and rules of the Malden H.S. Athletic Department.

Date	Print Name	Athlete's Signature
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I acknowledge that I have read and agree with the aforementioned policies and rules of the Malden H.S. Athletic Department. In addition, I agree that my son / daughter will abide by the aforementioned policies and rules. Failure to adhere to the policies and rules will result in disciplinary action at the discretion of the coach, athletic director or principal.

Date	Print Name	Parent / Guardian's Signature
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